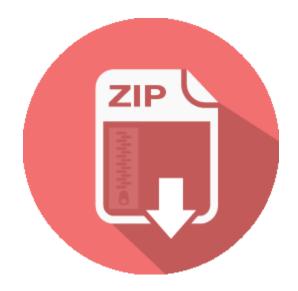
# **GASTRIC SLEEVE RECIPES**



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Awesome Hummus Recipe 2 cans garbanzo beans (chickpeas), drained cup tahini cup extra virgin olive oil juice of two lemons bunch cilantro cucumber, peeled and cubed 1 tsp. each salt and paprika Cilantro in hummus.

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## **Gastric Sleeve Diet Recipes**

Here is another quick-to-prepare recipe. The Broccoli-Potato soup is fairly easy to do, tasty and, more importantly, nutritious. You can t go wrong with this soup.

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#### Home Page Bariatric Cookery Bariatric Cookery

Welcome to Bariatric Cookery. If you are thinking about, have had or are scheduled for bariatric (weight-loss) surgery Gastric Bypass, Lap Band, Gastric Sleeve or Revision, you ve found the UK s number one website to support your new eating regime.

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Top meals for gastric sleeve patients recipes and other great tasting recipes with a healthy slant from SparkRecipes.com.

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# **Gastric Sleeve Recipe Swap Home Facebook**

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# Gastric Sleeve Post Op Recipes and Cooking with Candy Vsg

This is a cooking post op gastric sleeve recipe. I will demonstrate the famous banana and egg pancake and do a quick demo on a throw together no fuss lunch idea.

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